

Mission Statement: Our purpose is to provide horticulture education, community service and environmental stewardship for our community in affiliation with the University of Wisconsin Extension Program.



June 2015

WHAT'S GROWING ON?

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DATES TO REMEMBER

Board Meeting Master Gardeners Picnic Oshkosh Garden Club Walk Park View Flowers June 2 June 9 June 28 June 29

Winchester Area Historical Association



SHARING YOUR TIME

By Kathy Gore

I grew up not far from Winchester and I had been thru the small village many times on my way to my grandmother's cottage on Boom Bay where I spent many weekends with my cousins playing baseball, boating and having fun during the summer. I never was aware of the wonderful property of the Art Larson family that contained a fruit orchard, perennial flowerbeds, house and barn. So I was interested in knowing more about the Winchester Historical Society project. I contacted co leads for this project Mary Rebman and Sandra Mathison for more information. They sent the following:

The WCMGA Board of directors approved a new Core Project for the garden restoration at The Winchester Area Historical Society's John J. & Ethel Keller Local History Center and Library at its May 2014 Board Meeting.

Mary Rebman, 920-836-2209, <u>mrebman@centurytel.net</u> and Sandra Mathison 920-778-0019, <u>rmathison2@new.rr.com</u> are the co-leaders of the project. Both Mary & Sandra are WAHS members who reside in the Winchester area.

History & Background

The Winchester Area Historical Society's John J. & Ethel Keller Local History Center and Library is located at 5186 County Road II, Winchester, WI. The WAHS serves Winnebago towns of Clayton, Vinland, Winchester, Wolf River, and surrounding areas. The WAHS facility was formerly the property of the Art Larsen family and includes a house, barn, fruit orchard, perennial flowerbeds and a farm field located on 6.5 acres in the village of Winchester. The local History Center and Library is located in the house and is open to the public. Facilities are available for use by local organizations. WAHS programs are held at the Winchester Town Hall (next door to the property) at 7:00 p.m. on the first Thursday of the months of April, May, June, September, October, and November & December. The general public are welcome.

Statement of Purpose

The purpose of the Winchester Area Historical Society's John J. and Ethel Keller Local History Center and Library is to provide a library facility along with research and educational materials to the community for the purpose of researching and preserving area history and family histories. Materials in the library will include information on the Towns of Clayton, Vinland, Winchester, Wolf River, and the immediate surrounding communities. The library will also provide resources on American and world history and literature, Scandinavian and German collections, information on Wisconsin, Winnebago County history and family histories.

Sharing your Time – cont.

WCMGA Key Goals

The gardens, orchards, & grounds planted by Art Larsen and his family beginning in 1942 were widely known in the area for their beauty. Following Mr. Larsen's passing in 1998 at the age of 83; the property was purchased by WAHS and has been maintained by volunteers of the organization. Given the size and number of gardens, restoration has become increasingly difficult. The WAHS approached WCMGA about three years ago with a request that we consider the grounds for restoration.

This spring a tree-pruning workshop completed phase one of orchard restoration. The original grape arbor was also demolished and rebuilt.

We envision the renovation will be a multi-year project. This summer's goal is to continue overall clean up of the perennial gardens, orchards, & grounds. Raking, quack removal, pruning or removal of existing shrubs will improve the overall appearance and allow us to begin development of an overall planting plan. The WAHS has a grounds budget and will require no funding by WCMGA.

Work Days

Tuesdays 9 am - Noon has been scheduled to coincide with The Society's Library hours (Restrooms available). The grounds are open 7 days a week. Weeding, raking and general clean-up can be done anytime you have a free hour or two. Be sure to bring your favorite garden tools. Everyone is welcome!

Photos of the grounds we believe were taken in the late 1960's are attached to provide just a glimpse of the original beauty.





Project Updates









Garlic Mustard Pulling





Paine Spring Festival





Neenah Library



IT'S A GARDENER'S LIFE

BY VIRGINIA SLATTERY

Maria Talin

What am I?

I am an herbaceous perennial with erect, shrub like foliage from three to six feet in height and have large, creamy white flower plumes. I thrive in partial to full shade in USDA Hardiness Zones 3-7, am one of the many perennials happier in cooler climates, and prefer moist, humus rich soil as well as ample space of up to 36 inches. My flowers bloom in June and are followed by brown, dry seed capsules on the female plants, adding fall interest to the garden. My ferny deep green leaves are also attractive.

To propagate my plants, seed is the preferred method. Dried seed can be harvested in the fall and sowed immediately. If this is not possible, seeds should be stored at 40 degrees F for at least six weeks before sowing. Giving my plant enough space is important since it is difficult to transplant or divide later on. I spread by means of creeping rhizomes (ground stems). I am an excellent specimen plant in the shade garden or as a focal point in woodland settings. My wands of flowers can be used as cut or dried flowers. I am deer resistant.



I grew up in Connecticut. After completing high school, I went to Southern Connecticut State College and majored in education. After several moves I found myself in Oshkosh due to a job change for my husband, Jack, in 1994. I worked at Anchor Bank as a mortgage loan officer for almost 20 years until my retirement in 2013.

I wanted to be involved in some activities that I didn't have time for while working. I've always enjoyed the outdoors so thought that Master Gardeners would be a great organization. I'm now a newly certified member. I love learning and MG has given me so many opportunities to keep on learning. One of the ways to keep learning is by volunteering as a Plant Advisor. I did this the past year and enjoyed helping people with their questions. There are so many tools that UWEX has available to help us find the answers. I have also volunteered at the Farmer's Market on Saturday mornings. It's fun to see neighbors and friends.

Gardening was something I grew up with since my parents always had a big vegetable garden and many flower beds. Although in early adulthood there weren't many opportunities to garden, that changed when we moved to Oshkosh. This put me in a very different environment than the east coast that I was used to. I couldn't believe how quickly things grew in this rich soil!

This past year I dug out most of the front shrubs in my own garden and replaced them with native shrubs and plants, along with planting some hostas. I like to try to bring in as much wildlife into my city lot as I can. It was very gratifying to have a monarch come visit the first season along with other butterflies and lots of bees. Who knows what this spring will bring? Maybe some straw bale gardening for the veggies?

LAWANDA'S GARDEN PATH

By Lawanda Jungwirth

A Strange Twist on Wood Chip Use

Twenty years ago, I heard that you shouldn't use wood chips as a mulch because they tie up nitrogen in the soil as they decompose, preventing the plants from using it. Ten years ago I heard that it is okay to use wood chips after all because they actually don't steal nitrogen from plants. A couple years ago I heard the first theory again. Are you as confused as I was?

It turns out that both statements are true. It turns out that the effect on the soil's nitrogen and its availability for plants depends on the kind of wood chips you are talking about.

If you've ever called to order a truckload of chips to be dumped in your driveway you were probably offered a choice of the cheap ones, consisting of smaller ends of branches, twigs and maybe some shredded leaves; the midgrade which is comprised of larger pieces from bigger branches; and the premium chips, all nice looking regularly-sized pieces of chipped wood, with no "debris."

Of course everybody wants the premium chips if they can afford them. If they can't, they settle for the mid-grade, paying a bit less, but not quite as happy with how they look.

In a strange turn of events, those tree services should probably be charging the higher rate for the messier looking chopped twigs and leaves. These are called ramial wood chips and are the ones that provide the most nutrition for the plants they surround.

Ramial wood chips are those that come from branches and twigs with a circumference of less than 2 ½ inches. The newest, smallest growth on the ends of branches of a deciduous tree – one that loses its leaves in autumn – contains soluble lignins that have not yet turned into actual wood. These green twigs and bud tissues have a higher proportion of nutrients like nitrogen, phosphorus, potassium, calcium and magnesium than are found in the woody, larger branches.

Soil fungi take these nutrients and make them available to plants. Larger chipped branches, the ones sold at premium prices, contain less nitrogen, and the little there is, along with nitrogen already in the soil, is tied up as the fungi work to decompose the big carbon-rich chips.

Of course the mid-grade and premium chips are fine for paths or large areas where you aren't attempting to grow prized plants. They may even help out a bit by stealing nitrogen from weeds that are trying to grow in your pathways. Ramial wood chips are the better choice for mulching fruit trees, ornamental trees and shrubs, and flowerbeds.

Here's another tip – chipped wood of evergreens should be used as a mulch only around and under other evergreen plants. When the soft wood of evergreen chips rots, chemical compounds are produced that suppress the growth of non-evergreen plants. Using chipped evergreen wood around a deciduous tree could stunt its growth or even prove fatal.



THE LATEST DIRT

Attention Master Gardeners:

We as a group want to continue to express concern and care for those in need within our organization. Please assist me in brightening our fellow gardener's day by sending information when you know that one of our members is ill, experienced a death or believe someone needs words of encouragement. When I receive this important information I will send a card with a personal note to that person from Master Gardeners. We can all assist in bringing a ray of sunshine to all our members.

Thank you!

Renee Donner/Sunshine

Festival of Spring at the Paine 2015

By the way the plants flew off the shelves; the Festival was a big success. The "pickings" were pretty slim even before 2:00!

Thanks to all those Master Gardeners who helped Friday with the set up and served in our ASK THE MASTER GARDENER booth. Some of you went way beyond the call of duty! Thanks to Dorothy Kunz for lending us all the books for answering questions from the public.

I look forward to the next event at the Paine—after I recover from the Festival! Ready, set, dig! Taking out the tulips is next. I'll let you know when Sheila is ready. Come join the fun.

Virginia Slattery

New Project – Butterfly Garden

A new project that has begun this spring is a Butterfly Garden at Lutheran Homes of Oshkosh (LHO). The activities include the creation, development, and maintenance of a butterfly garden and entrance area garden on this campus that houses over 500 residents. Members will determine/acquire plants (perennials, annuals, herbs), garden layout, arrangements of beds, containers and garden fixtures as well as schedule maintenance and upkeep.

Goals of the project include providing residents, staff and guests with information and enjoyment in an inviting and relaxing environment. Residents will have opportunities to reminisce through visual, tactile and olfactory stimulation. Master Gardeners will be supporting butterfly conservation through this project and acquire hours for recertification. The possibility of becoming a Monarch Waystation will also be pursued.

Project co-chairs are Jane Kuhn and Diana Dougherty who can provide additional information or answer your questions. If you are interested in helping with this project, please contact Diana Dougherty to have your email address added to the list (dldoug5@charter.net).



New Facebook Administrator

Thank you to Anne Murphy for volunteering to be the new administrator of our Association's. Facebook page! But we need YOU to participate as well for the page to be a success. Please "Like" our page – search for "Winnebago County Master Gardener Association" - and then submit your garden photos, tips, and questions.

OGC GARRDEN WALK

The Oshkosh Garden Club [OGC] garden walk will take place on **Sunday, June 28, from Noon to 5:00 PM.** Sponsored by Stuart's Landscaping & Garden Center. There will be a raffle for 1-Red Maple worth! ~\$300 to be planted & delivered for free, as well as 4- \$ 50 gift certificates good at the Stuart's Oshkosh or FDL locations. Our featured garden this year will be the Oshkosh West High School's Science Courtyard Butterfly Garden, along with 4 other beautiful private gardens. Proceeds from each of our walks support garden projects in our community. Tickets are \$8 at Stuart's Landscaping & Garden Center and \$10 on the day of the walk. [children under 18, admitted free.] For more information- go to <u>WWW.oshkoshgardenclub.org</u>

RHUBARB SHORTCAKE

2 EGGS

4 TBSP MILK

2 CUPS FLOUR

2 TSP BAKING PWD

1/2 CUP MELTED BUTTER

MIX MILK AND EGGS TOGETHER, THEN ADD FLOUR, BAKING PWD AND BUTTER AND MIX TOGETHER. PAT EVENLY INTO 9X13 PAN. SET ASIDE

4 CUPS CUT UP RHUBARB - SPRINKLE ON TOP OF CRUST

1 REGULAR PKG OF CHERRY OR STRAWBERRY JELLO - SPRINKLE ON TOP OF RHUBARB

CINNAMON - SPRINKLE OVER JELLO

STREUSEL TOPPING:

1 1/2 CUPS SUGAR (I USE HALF GRANULATED AND HALF BROWN SUGAR

1 CUP FLOUR

1/2 CUP MELTED BUTTER

MIX SUGAR AND FLOUR TOGETHER, ADD BUTTER AND BLEND TOGETHER WELL.

SPRINKLE OVER ALL.

BAKE 350 DEGREES 35-45 MIN.

THIS RECIPE IS MY MOTHER'S (GEORGIA DHEIN YOUNGBAUER) AND HAS BEEN IN MY FAMILY FOR MANY YEARS. THIS WAS ALWAYS THE FIRST RHUBARB FAVORITE MY MOTHER MADE, ALONG WITH MY FATHER'S RHUBARB PIE FAVORITE!

SHOW US YOUR BLOOMERS!

Submitted by the members



Arlene and Bob Kosanke







Dara Sitter





Virginia Slattery



MANITOWOC GARDEN FAIR

A paradise for gardeners selling annuals, perennials, herbs, garden art, fine crafts, antiques, statuary, furniture and food. Over 90 vendors. Rain or shine. Free admission & parking

Event Date Detail June 13, 2015 10am-3:30pm

Free Admission

Washington Park 12th and Marshall St Manitowoc, WI 54220 Information: 920-682-2050



There is a language that gardeners speak when they get together. It is what my husband refers to as "gardening ah's". He listens to the chattering of the gardening talk and always hears the "ah", which is what we say when we hear about a new exciting place to go. He claims our voices get very high when we say that!

This is a new find, but maybe not to all of you. The Annual Manitowoc Garden Fair is held in Washington Park in Manitowoc. This year it is June 13 and 14, from 10-3:30.

Here is the vendor list from htmews.com

The vendors and their items will be: Faerle House, handcrafted faerie houses; Caan Floral, annuals; Vintage of Ada, vintage vard and garden items; Saw-Dust-N-Stitches, handmade country crafts; Sawyer's Mill, garden globes and veggies signs; Rose Hill Gardens, perennials; Gjerpen Metal, handcrafted yard decor and tables; Inspired Wire Art, wire items; Andercraft Woods, bird houses and feeders; Frog Bobby, wooden frogs that croak; Pebble Craft, statuary; Route 66, metal yards and garden art; Water Works Garden Supply, hanging terrariums; Iron Maiden Metal Art, unique creative designs; Nancy Lefebvre, ceramic garden accessories; Ollie Art, handcrafted home and garden decor; Royal Images, large variety of garden art; B.J. Guderlan, handmade journals and cards; Park Avenue Soap, handmade soaps; Steine's Water Gardens, water lilies and water plants; Jenny's Garden, potted flowers; Shannon Franz, metal and brown glass garden sculptures; Swanstone Gardens, garden glass and rainbow makers; Badger Boyz Greenhouse, perennials and hostas; Petals N Roots, miniature fairy gardening; Branching Out, rustic garden creations; Phanasy Crafts, handcrafted bird houses; Thrifty Artisans, silverware yard and garden art; The Pleasant Valley Gardener, handmade stone pots and angels; Joshua Keck, handmade backyard games; Jean Bull Designs, hand painted shirts and home decor; Charmed Enchantments, stained glass mosaic vintage windows; Tree Trinkets, jewelry for trees; Back to Basics, vintage bird homes; Vernon Creek, photography; D.W. Designs, yard and garden art; Cedar Creek Treasures, fine gifts and decor; Sweet Pea Studio, handmade jewelry; Sew Happy Crafts, hand-sewn embroidered items; Pampered Chef; Stone Crete, hand cast durable stepping stones; Peterman Brook Herb Farm, dried herbs and herbal soaps; Hartman's Greenhouse, annuals; Whispering Pines Studio, handcrafted rustic furniture and signs; Botanophilia, shade perennials and hostas; Stained Glass Creations, handcrafted garden stakes; Greenway Homescapes, wrought-iron trellises and arbors: Bird House Charlie. barn board bird houses; Stuffman's Art, color-crushed glass garden art; Steel Heart, blue ribbon garden art; Sherrie's Workshop, handmade golf club animals; Belden Metal, handcrafted lawn and garden decor; Yard Creations, colorful bird houses; Kessler Garden Art, handcrafted original garden stakes; Twice Baked Pottery; Slipada, sterling silver jewelry; Christine's Bowtique Designs, custom hair pretties and accessories; Osborne Books, interactive children's books; BJ's Alpary, hats and honey; Route 66, Metal garden art; Stitchin' by Linda, wearable art; Don's Designs, wood art; Kris Kraft, garden ornaments; New Jewel on the Block, handbags; D&C Metal Art, handcrafted lawn decor; Horst and Horst, handcrafted furniture; Linda Osterhaus; Original sport clothes; Stormy originals, glass jewelry; Jamberry Nails, fun, long-lasting nail wraps; Phyllis Costello, unique appliqued art wear; Maple Wood Pet Supplies, fun cat beds, toys, treats; Wood Creations, personalized reversed engraved frames; Lang, home and garden gifts; Christel's Pet Supplies, dog collars, cards, shampoo products; Craft Zees, handcrafted framed prints; BMO Harris Bank, fun shopping bags and more.

Food and refreshments will be provided by the following vendors: Late's, burgers and brats; Top Dog, Chicago-style hot dogs; Shaw Vang, Chinese food; The Nutman, nuts and chocolates and candies; Fischer Kettle Korn and Gourmet Nuts; Eric Woller, butterfly French fries; Tastefully Simple, gourmet food products; Nu Line Yum, homemade ice cream; A&W, chicken and root beer floats; Bill Schaffer, lemonade shakers and energy drinks.

Winnebago County Master Gardener's Business Meeting – May 2015

The meeting was called to order at 6pm.

Treasurer's Report: The April treasurer's report was accepted as read.

Secretary's Report: The board minutes are posted to the website, and the business meeting minutes are posted in the newsletter.

Speaker:

Linda Werner presented a beautiful slide show on her trip to Keukenhof Botanical Gardens in Amsterdam, explaining the millions of tulip bulbs that are planted each year to showcase the many types and colors of tulips.

NEW BUSINESS:

Worm Castings: Ken Hawk has been coordinating the worm castings project for many years, and is stepping down. A new leader is needed to coordinate this each year. Jerry Schaefer has volunteered to pick up the large barrels from the Prison, but we will need another person to coordinate dates, bagging, etc. Please contact Mary Shepard if you are interested.

Master Gardener clothing: Marty Sackseder will be placing an order for Master Gardener logo clothing. Orders with your check should be to Marty by May 20th. She is hoping to deliver the orders at the June picnic.

Master Gardener Vests: if you are interested in purchasing a Master Gardener vest to wear at events, you may place your order with Sue Egner.

Picnic: A sign up sheet was sent around for the June 9th picnic, which will be held at the Great room at Parkview starting at 6pm. Three choices of meat will be available, and members are asked to bring a dish to pass. The plant exchange will not take place at the picnic, but will be scheduled for the first business meeting in fall.

Projects: The Community Gardens project in Menasha will be turned over to UW Fox Valley and Goodwill, unless a member will volunteer to take on this project. If you are interested, please contact Mary Shepard.

Mary also asked that project leads send new photos of their projects so the website can be updated.

Project Reports:

Sally Lindo reviewed the Parkview Garden project work.

Sandy Mathison and Mary Rebman presented how the Winneconne Historical Society project has progressed and those they are starting to see improvements. They usually work at the house on Tuesdays from 9 to noon.

Mary Jo Maher, Virginia Slattery and Kathy Gore presented the Neenah Library/Shattuck Park project. They will be planting May 23 and May 30th, starting at 9am. Please email Mary Jo or Kathy if you are coming to help.

Sue Bohn reported on the County Fair project. The fair will be August 4th to 9th and this year Sue would like to create a schedule for special interest or subject matter for the Master Gardener booth. It is hoped that by doing this, there will be more traffic generated at the booth. Please email Sue if you are interested in working the booth or have an idea for this.

Jo Helf reviewed the work done with the Lincoln School garden. Please contact Jo if you wish to help.

Jane Kuhn and Diana Dougherty presented a new project that will be at Lutheran Homes. The focus will be on an area that will be a butterfly garden. It is hoped in the future that the area can be designated as a monarch station.

Education Committee update: Marge reported that there are 42 signed up for the Chicago trip. Please have money and registration to Marge by Friday May 15th. The bus pickup will be at the Coughlin center, and cars should be parked in the east lot. Bus will be leaving at 6:30am.

Registration forms for the Green Bay Botanical trip on July 25th will be available at the picnic. Cost will be \$45.00 and will include lunch.

The February seminar for 2016 has four speakers secured.

Extension update: Kim shared that the custodial staff at the Coughlin Center is now only available on days, so if you are the last person leaving the building, please be sure all the lights are off.

Recycling – blue bins are for recycling and the other bins are for trash.

Kim is beginning to prepare for the next level 1 class, so if you are interested in helping with the class, please let Kim know. *Monarchs/Pollinators*: Mary reported that the honeybees are out, and hummingbirds and orioles have returned.

Plants - pollinator plants were distributed for project use, and a drawing was held for the remaining plants.

Other New Business: Oshkosh West and North high school FFA clubs will need donated plants for next year's sale.

Up coming events:

June – Picnic June 9th at Parkview, 6pm.

The next business meeting will be September 8, 2015

Respectfully Submitted,

Kathy Schultz, Secretary

Source: Posted on June 16, 2014 by Ashley Parrish, Michigan State University Extension

With the weather warming up and people planning outdoor activities, it is important to stay hydrated as the temperature rises. <u>Michigan State University</u> <u>Extension</u> advises those engaging in outdoor activities to become in tune with their bodies and their hydration needs.

Sweating occurs when our bodies and muscles become warm from activity. Sweat evaporates from the skin to cool the body down during and after activity. When lots of sweating occurs, such as in hot and humid summer weather, that fluid needs to be replaced to keep the body hydrated. It is important to listen to what your body needs to stay safe and healthy during outdoor summer activities.

According to the Cleveland Clinic, signs of dehydration include:

- Fatigue
- Loss of appetite
- Flushed skin
- Heat intolerance
- Becoming light-headed
- Dark-colored urine
- Dry cough

There are ways to properly replace fluids lost through sweat. According to the <u>Academy of Nutrition and Dietetics</u>, the easiest way to replace lost fluids after physical activity is to weigh yourself before and after working out, and then replace each pound of weight loss with 2.5 cups of water. If the outdoor activity lasts all day or longer than a single workout and weighing yourself is not an option, the American College of Sports Medicine suggests drinking at least 16-20 ounces of fluid one to two hours before an outdoor activity. Then, consume six to 12 ounces of fluid every 10-15 minutes that you are outside. Afterwards drink another 16-24 ounces of fluid to replace what was lost.

In severe cases of dehydration, heat exhaustion and heat stroke can occur. The <u>American College of Sports Medicine</u> points out the differences between the two. Heat exhaustion is a severe form of dehydration that affects the cardiovascular system. The lack of fluid in body compartments forces the heart to work harder to maintain <u>output</u>. Heat stroke occurs when the body shuts down its mechanisms for heat release, such as sweating. If you think someone is experiencing heat stroke call 911 and try to cool the person down in the shade with ice packs or wet towels.

GOOD READ

Fine Gardening Magazine

This magazine offers educational articles and articles of interest. See www.finegardening.com

I am Goats Beard. Order: Rosales. Family: Rosaceae – Rose family. Genus: Aruncus L. – aruncus. Species: Aruncus dioicus. Common names: goats beard, bride's feathers. Known even in the Roman times, this plant was given the name Aruncus by Pliny. The common name of bride's feathers refers to the early summer bloom time of June. This genus of perennials is closely related to the Spirea shrub and the Meadowsweet perennial. However it resembles more closely an Astilbe. One precaution is that the seed is poisonous if ingested.



The News Crew

Editors: Kathy Gore, Virginia Slattery, Eric Kropp, Mary Jo Maher

Contributors: Anne Murphy, Lawanda Jungwirth, Jane Kuhn, Marge Bolding, Lynne Slat and Linda Looker

Photographer: Nancy Karuhn



References: USDA Plants Database and associated links.

June 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Board Meeting	3	4	5	6
7	8	9 WMG Picnic	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28 Oshkosh Garden Club garden walk	29 Parkview Flowers	30				

July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	28	30	31	